

# 3RD ANNUAL BE EMMAZING 5K

Line Through = Disqualified

Place	Bib #	Name	Time	Pace	Type	Division
1	577	Lalanne, Justin	00:16:58.726	5:26	Run (M)	19-100
2	679	Hudec, Jonah	00:18:58.806	6:04	Run (M)	19-100
3	581	Mackinnon, Gareth	00:20:41.600	6:37	Run (M)	0-18
4	567	Dalgliesh, Dave	00:20:56.966	6:42	Run (M)	19-100
5	718	Campbell, John	00:21:24.110	6:51	Run (M)	0-18
6	611	Smith, Chrissy	00:22:30.256	7:12	Run (F)	0-18
7	674	Yamamoto, Shinji	00:22:52.756	7:19	Run (M)	0-18
8	642	Huntington, Chad	00:23:02.120	7:22	Run (M)	19-100
9	607	O'connor, Patrick	00:23:37.270	7:33	Run (M)	19-100
10	733	Hanna, Mitchell	00:23:37.973	7:33	Run (M)	19-100
11	565	Bown, Carter	00:23:38.036	7:34	Run (M)	19-100
12	612	Reid, Daniel	00:23:54.780	7:39	Run (M)	0-18
13	635	Van Nostrand, Daniel	00:24:02.483	7:41	Run (M)	0-18
14	758	Perry, Josh	00:24:05.220	7:42	Run (M)	0-18
15	706	Farrell, Brandon	00:24:05.943	7:42	Run (M)	0-18
16	634	Huntington, Spencer	00:24:06.233	7:43	Run (M)	0-18
17	752	Muir, Sandy	00:24:09.476	7:44	Run (M)	19-100
18	766	Barrett, Nick	00:24:12.646	7:45	Run (M)	0-18
19	661	Deleskie, Chris	00:24:21.036	7:48	Run (M)	19-100
20	571	Roland, Emma	00:24:24.476	7:48	Run (F)	0-18
21	693	Doyle, Blair	00:24:32.096	7:51	Run (M)	19-100
22	663	Johnson, Tim	00:24:39.410	7:53	Run (M)	0-18
23	628	Mackenzie, Paul	00:24:41.770	7:54	Run (M)	19-100
24	680	Hudec, Mariah	00:24:44.350	7:55	Run (F)	19-100
25	605	Lawrence, Brittany	00:24:47.020	7:56	Run (F)	0-18
26	708	Mackay, Robert	00:24:51.176	7:57	Run (M)	0-18
27	699	Collings, Jen	00:25:06.193	8:02	Run (F)	19-100
28	668	Ryba, Joey	00:25:09.010	8:03	Run (M)	19-100
29	709	Shepard, Kirk	00:25:13.606	8:04	Run (M)	0-18
30	633	Patterson, Robert	00:25:17.043	8:05	Run (M)	19-100
31	591	Affolter, Chris	00:25:26.093	8:08	Run (M)	19-100
32	715	Jessome, Yvonne	00:25:43.193	8:14	Run (F)	19-100
33	626	MacLennan, Taylor	00:25:52.810	8:17	Run (F)	0-18
34	622	Lennon, Michael	00:25:56.983	8:18	Run (M)	19-100
35	550	Murphy, Michelle	00:26:18.706	8:25	Run (F)	19-100
36	690	Sharpe, Emily	00:26:19.816	8:25	Run (F)	0-18
37	764	Burke, Dave	00:26:21.050	8:26	Run (M)	19-100
38	547	Spencer, Sonya	00:26:21.960	8:26	Run (F)	19-100
39	574	Bunbury, Dan	00:26:25.136	8:27	Run (M)	19-100
40	734	Maceachern, Kathryn	00:26:27.700	8:28	Run (F)	19-100
41	587	Bottomley, Ella	00:26:28.180	8:28	Run (F)	0-18
42	647	Griffin, Brian	00:26:47.590	8:34	Run (M)	0-18
43	735	Dalzell, Andrew	00:26:48.043	8:35	Run (M)	0-18
44	637	Mackenzie, Jordon	00:26:55.513	8:37	Run (M)	19-100
45	664	Doughart, Carson	00:26:56.653	8:37	Run (M)	0-18
46	2116	Mugford, Paul	00:27:04.366	8:40	Run (M)	19-100
47	742	Hanrahan, Chad	00:27:04.640	8:40	Run (M)	19-100
48	696	Peters, Lyndsay	00:27:29.716	8:48	Run (F)	19-100
49	636	Deleskie, Jared	00:27:40.380	8:51	Run (M)	0-18
50	623	Hill, Tyler	00:27:41.123	8:52	Run (M)	0-18
51	624	Burke, Mitchell	00:27:41.546	8:52	Run (M)	0-18
52	620	Macintyre, Alex	00:27:44.800	8:52	Run (F)	0-18
53	759	Perry, Noah	00:27:53.770	8:55	Run (M)	0-18
54	727	Orrell, Sean	00:27:54.630	8:56	Run (M)	0-18
55	672	McLeod, Andrew	00:27:55.093	8:56	Run (M)	0-18
56	705	Wheeliker, Tyler	00:27:55.740	8:56	Run (M)	0-18
57	761	Kenny, Jordan	00:27:56.310	8:56	Run (M)	0-18
58	721	Burse, Erin	00:28:03.936	8:59	Run (F)	0-18
59	732	Ettinger, Heath	00:28:04.000	8:59	Run (M)	0-18
60	625	Macgillivray, Nick	00:28:04.046	8:59	Run (M)	0-18
61	738	Macdonald, Sandra	00:28:32.530	9:08	Run (M)	19-100

Place	Bib #	Name	Time	Pace	Type	Division
62	652	Wilson, Travis	00:28:41.593	9:11	Run (M)	19-100
63	602	Power, Keith	00:28:46.220	9:12	Run (M)	19-100
64	765	Macleod, Cody	00:28:46.970	9:12	Run (M)	19-100
65	603	Power, Michelle	00:28:47.470	9:13	Run (F)	19-100
66	662	Leblanc, Colleen	00:28:48.953	9:13	Run (F)	19-100
67	604	Power, Madison	00:28:51.243	9:14	Run (F)	0-18
68	692	Ryan, Jody	00:28:55.910	9:15	Run (F)	19-100
69	691	Ryan, Jaiden	00:28:55.956	9:15	Run (F)	0-18
70	578	Marenick, Steven	00:29:05.593	9:18	Run (M)	19-100
71	586	Farmer, Shawna	00:29:08.470	9:19	Run (F)	19-100
72	585	Kennedy, Sheila	00:29:13.783	9:21	Run (F)	19-100
73	552	Hennessey-Babineau, Colleen	00:29:32.670	9:27	Run (F)	19-100
74	553	Babineau, Kevin	00:29:32.810	9:27	Run (M)	19-100
75	729	Halloran, Sheila	00:29:34.283	9:28	Run (F)	19-100
76	2269	Ripley, Mj	00:29:38.553	9:29	Run (F)	0-18
77	621	Van Nostrand, Josh	00:30:04.030	9:37	Run (M)	0-18
78	596	Murphy, Shane	00:30:12.756	9:40	Run (M)	19-100
79	740	Springall, Geraldine	00:30:21.083	9:43	Run (F)	19-100
80	575	Arseneau, Catherine	00:30:41.073	9:49	Run (F)	19-100
81	743	Macleod, Bria	00:30:42.793	9:49	Run (F)	19-100
82	767	Lanoe, Victoria	00:30:45.160	9:50	Run (F)	19-100
83	579	Orrell, Jared	00:30:53.273	9:53	Run (M)	19-100
84	643	Mahoney, Andrea	00:30:54.083	9:53	Run (F)	0-18
85	717	Leahy, Kathryn	00:30:55.523	9:54	Run (F)	0-18
86	570	Hennessey, Kate	00:31:22.890	10:02	Run (F)	19-100
87	572	Beyer, Olivier	00:31:23.390	10:03	Run (M)	19-100
88	682	Tonet, Sophie	00:31:24.076	10:03	Run (F)	19-100
89	576	Arseneau, Danielle	00:31:24.796	10:03	Run (F)	19-100
90	2142	Clancy, Laura	00:31:26.960	10:04	Run (F)	19-100
91	688	Sehl, Abigail	00:31:35.120	10:06	Run (F)	0-18
92	756	Macdonald, Alyssa	00:31:37.886	10:07	Run (F)	19-100
93	716	Duggan, Elyse	00:31:42.026	10:09	Run (F)	0-18
94	616	Van Nostrand, Alyssa	00:31:42.683	10:09	Run (F)	0-18
95	615	Ferguson, Micheaella	00:31:42.840	10:09	Run (F)	0-18
96	702	Gibney, Elaine	00:31:43.966	10:09	Run (F)	19-100
97	687	Trask, Justine	00:31:44.810	10:09	Run (F)	19-100
98	739	Forward, Peggy	00:31:47.763	10:10	Run (F)	19-100
99	646	Mcphee, Erin	00:31:53.310	10:12	Run (F)	0-18
100	722	Macinnis, Breagh	00:31:54.750	10:12	Run (F)	19-100
101	723	Macphee, Allie	00:32:08.503	10:17	Run (F)	0-18
102	560	Mary, Mackinnon	00:32:29.843	10:24	Run (F)	19-100
103	746	Deleskie, Jessie	00:32:46.983	10:29	Run (F)	19-100
104	568	Macleod, Ainsley	00:32:47.716	10:29	Run (F)	19-100
105	670	Macleod, Maggie	00:32:47.780	10:29	Run (F)	0-18
106	650	Callary, Tom	00:32:49.436	10:30	Run (M)	19-100
107	725	Macphee, Brianna	00:32:52.700	10:31	Run (F)	0-18
108	749	Macneil, Hannah	00:32:54.716	10:32	Run (F)	0-18
109	689	Sehl, Lorilai	00:33:01.623	10:34	Run (F)	0-18
110	697	Currie, Julia	00:33:08.173	10:36	Run (F)	0-18
111	698	Northgrave, Stacey	00:33:08.203	10:36	Run (F)	19-100
112	584	Arsenault, Carla	00:33:10.440	10:37	Run (F)	19-100
113	551	Tell, Allison	00:33:12.313	10:37	Run (F)	19-100
114	649	Mcphee, Megan	00:33:21.296	10:40	Run (F)	19-100
115	598	Burke, Kendra	00:33:21.376	10:40	Run (F)	0-18
116	763	Reginato, Laurie Don	00:33:23.936	10:41	Run (F)	19-100
117	654	Macintyre, Chantelle	00:33:30.720	10:43	Run (F)	0-18
118	653	Macintyre, Kayla	00:33:32.186	10:44	Run (F)	19-100
119	638	Slade, Holly	00:33:38.626	10:46	Run (F)	0-18
120	731	Macphee, Joanna	00:33:38.893	10:46	Run (F)	0-18

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Line Through = Disqualified

Place	Bib #	Name	Time	Pace	Type	Division
121	599	Burke, Kaitlin	00:33:53.343	10:51	Run	(F) 0-18
122	583	Timmons, Leslie	00:33:54.576	10:51	Run	(F) 19-100
123	675	Sakalauskas, Denise	00:33:57.310	10:52	Run	(F) 19-100
124	597	Burke, Shanna	00:34:00.013	10:53	Run	(F) 19-100
125	753	Muir, Sara Beth	00:34:10.340	10:56	Run	(F) 19-100
126	707	Aikens, Marni	00:34:10.780	10:56	Run	(F) 19-100
127	673	Watson, Cayla	00:34:26.670	11:01	Run	(F) 19-100
128	683	Tonet, Mea	00:34:47.933	11:08	Run	(F) 0-18
129	720	Macgillivray, Rita	00:34:52.480	11:09	Run	(F) 19-100
130	656	Bennett, Jenna	00:34:53.590	11:10	Run	(F) 19-100
131	655	Marmulac, Lisa	00:34:53.653	11:10	Run	(F) 19-100
132	573	Williams, Jennifer	00:34:59.920	11:12	Run	(F) 19-100
133	580	Hill-Mackinnon, Angela	00:35:03.500	11:13	Run	(F) 19-100
134	648	Landry, Carmen	00:35:06.123	11:14	Run	(F) 19-100
135	627	Martin, Wendy	00:35:09.843	11:15	Run	(F) 19-100
136	563	Parago, Abbey	00:35:19.363	11:18	Run	(F) 0-18
137	562	Parago, Nicole	00:35:19.880	11:18	Run	(F) 19-100
138	762	Macdonald, Cassie	00:35:34.180	11:23	Run	(F) 0-18
139	659	Macphee, Mary	00:35:51.630	11:28	Run	(F) 19-100
140	660	Deleskie, Donna	00:35:52.143	11:29	Run	(F) 19-100
141	590	Woodworth, Jaycee	00:35:56.066	11:30	Run	(F) 19-100
142	755	Macintyre, Jacqueline	00:36:14.566	11:36	Run	(F) 19-100
143	657	Mackay, Jacq1uelene	00:36:26.910	11:40	Run	(F) 19-100
144	745	Neville, Erin	00:36:27.686	11:40	Run	(F) 19-100
145	754	White, Alana	00:36:32.676	11:41	Run	(F) 19-100
146	569	Nearing, Shelley	00:36:33.363	11:42	Run	(F) 19-100
147	671	Macleod, Zoe	00:36:58.676	11:50	Run	(F) 0-18
148	601	Lewis, Marissa	00:37:23.793	11:58	Run	(F) 19-100
149	719	Nearing, Shauna	00:37:39.940	12:03	Run	(F) 19-100
150	726	Macdonald, Cyril	00:37:51.370	12:07	Run	(M) 19-100
151	712	Brown, Charlotte	00:37:52.543	12:07	Run	(F) 19-100
152	714	Boutillier, Nolan	00:37:53.230	12:07	Run	(M) 19-100
153	667	Manley, Jocelyn	00:38:02.013	12:10	Run	(F) 0-18
154	588	Bottomley, Lily	00:38:05.596	12:11	Run	(F) 0-18
155	561	Oakley, Sherry	00:38:30.036	12:19	Run	(F) 19-100
156	619	Ferguson, Emma	00:38:43.410	12:23	Run	(F) 0-18
157	644	Petrus, Morgan	00:38:44.020	12:24	Run	(F) 0-18
158	645	Morrison, Lynn	00:38:44.346	12:24	Run	(F) 0-18
159	665	Donovan, Katherine	00:39:10.376	12:32	Run	(F) 0-18
160	666	Campbell, Maddy	00:39:10.736	12:32	Run	(F) 0-18
161	557	Wadden, Richard	00:39:39.530	12:41	Run	(M) 19-100
162	600	Lewis, Korena	00:39:53.423	12:46	Run	(F) 19-100
163	658	Ranni, Taylor	00:39:55.796	12:46	Run	(F) 19-100
164	695	Macdonald, Nanette	00:40:23.190	12:55	Run	(F) 19-100
165	694	Macdonald, John	00:40:23.563	12:55	Run	(M) 19-100
166	618	Lane, Amara	00:40:25.720	12:56	Run	(F) 0-18
167	617	Mackinnon, Charmaine	00:40:26.923	12:56	Run	(F) 19-100
168	549	Vassallo, Alannah	00:40:28.173	12:57	Run	(F) 0-18
169	548	Vassallo, Gail	00:40:28.660	12:57	Run	(F) 19-100
170	613	Close, Darlene	00:40:28.876	12:57	Run	(F) 19-100
171	631	Jones, Marge	00:40:52.046	13:05	Run	(F) 19-100
172	685	Macdonald, Mora	00:40:55.860	13:06	Run	(F) 0-18
173	595	Macdonald, Mitchell	00:41:00.340	13:07	Run	(M) 0-18
174	589	Macdonald, Gord	00:41:02.370	13:08	Run	(M) 19-100
175	593	Macdonald, Chelsea	00:41:03.160	13:08	Run	(F) 0-18
176	639	Johnston, Delaney	00:41:51.483	13:24	Run	(F) 0-18
177	736	Sampson, William	00:42:22.013	13:33	Run	(M) 19-100
178	751	Horechuk, Cathy	00:42:22.153	13:33	Run	(F) 19-100
179	684	Macdonald, Bill	00:43:09.480	13:48	Run	(M) 19-100

Place	Bib #	Name	Time	Pace	Type	Division
180	558	Macdonald, Kathleen	00:43:21.340	13:52	Run	(F) 19-100
181	629	Campbell, Dana	00:43:29.560	13:55	Run	(F) 19-100
182	630	Jessome, Joanna	00:43:30.000	13:55	Run	(F) 19-100
183	566	Macinnes, Ann Marie	00:43:31.423	13:56	Run	(F) 19-100
184	559	Mackinnon, Brenda	00:43:32.296	13:56	Run	(F) 19-100
185	556	Gallant, Devon	00:44:49.390	14:20	Run	(M) 0-18
186	554	Gallant, Natalia	00:44:56.096	14:23	Run	(F) 19-100
187	555	Gallant, Darrell	00:44:56.516	14:23	Run	(M) 19-100
188	651	Simpson, James	00:45:36.016	14:36	Run	(M) 19-100
189	747	Macneil, Logan	00:46:18.740	14:49	Run	(M) 0-18
190	748	Macneil, Kylee	00:46:20.430	14:50	Run	(F) 0-18
191	703	Conohan, Monica	00:46:23.006	14:51	Run	(F) 0-18
192	700	Wolodka, Brittany	00:46:47.293	14:58	Run	(F) 19-100
193	701	Dronohn, Emily	00:46:57.373	15:01	Run	(F) 0-18
194	704	MacLennan, Anna Lee	00:46:58.423	15:02	Run	(F) 0-18
195	669	Macleod, Tyler	00:47:03.953	15:03	Run	(M) 0-18
196	678	Macleod, Cassie	00:47:03.953	15:03	Run	(F) 0-18
197	582	Timmons, Jenna	00:48:17.070	15:27	Run	(F) 0-18
198	757	Manzie, Abbie	00:49:08.890	15:43	Run	(F) 0-18
199	760	Manzie, Amy	00:49:10.173	15:44	Run	(F) 19-100
200	676	Green, Jennifer	00:49:19.536	15:47	Run	(F) 19-100
201	677	Hall, Roxanne	00:49:19.753	15:47	Run	(F) 19-100
202	632	Patterson, Lisa	00:49:28.270	15:50	Run	(F) 19-100
203	711	Macdonald, Breanna	00:49:47.546	15:56	Run	(F) 0-18
204	710	Macdonald, Emily	00:49:48.580	15:56	Run	(F) 0-18
205	713	Macdonald, Angela	00:49:49.500	15:56	Run	(F) 19-100
206	741	Roach, Jennifer	00:50:29.150	16:09	Run	(F) 19-100
207	594	Macdonald, Katie	00:56:26.936	18:04	Run	(F) 0-18
208	640	Phillips, Chantel	00:59:31.156	19:03	Run	(F) 19-100
209	641	Vainio-Mattila, Felix	00:59:31.873	19:03	Run	(M) 0-18
210	744	Turner, Tom	1:02:45.360	20:05	Run	(M) 19-100
211	730	Gentile, Olivia	1:06:13.463	21:11	Run	(F) 0-18
212	728	Mills, Brani	1:06:13.930	21:11	Run	(F) 0-18